



## WIT EMPLOYEE EFFECTIVENESS PROGRAM

### WHAT'S THE DIFFERENCE?

Think retention. Think return. Other health and wellness plans require many phone calls to find the right person, then a referral and a waiting period for an appointment. With **WIT**, all of that is gone, time and money are saved, and employees are empowered and back on track.

There will be needs—Professional and Personal—**WIT WILL BE THERE FOR YOU.**

**WIT** is a non-confrontational and powerfully effective program for addressing core issues and empowering people to better health, stronger relationships, and meaningful work.

**WIT's** collaborative model eliminates the hurdles that prevent people from getting the support they need. These hurdles typically are: **1. What professional do I see? 2. What will this cost me? 3. How far do I have to drive?**

### THE COMPANY'S ROLE

**1. Schedule a 1-hour WIT Workshop and invite employees to attend.** The purpose of this workshop is to introduce **WIT** professionals to employees and provide practical wellness tools to put into use *immediately*. **WIT** Workshops are usually held on the company's premises and are customized to address the unique challenges of its employees. (Two hurdles are removed: Employees meet face to face with professionals they could later see and no driving is necessary.)

**2. Determine the value of a WIT Card.\*** This card is similar to a gift card and is offered to each employee who attends the workshop. (The third hurdle is removed: No cost for the employee.)



### THE EMPLOYEE'S OPPORTUNITY

**1. Attend the WIT Workshop.** As described above, workshop attendees meet **WIT** professionals and learn practical wellness tools. At the conclusion of the workshop, each attendee is offered a **WIT** Card.

**2. Call WIT.** When a relational stressor strikes, the card is in the employee's pocket. At no charge to employees (companies cover fulfillment costs), motivated employees call the number provided on their **WIT** Card to schedule their own confidential appointments with **WIT** professionals. Cards expires three months after the workshop to encourage employees to take advantage of this company-sponsored wellness gift.

\*A **WIT** Card gives an employee direct and confidential access to the **WIT** professional network. The value of the **WIT** Card is determined by each company.

PREVENTION AND SUPPORT COSTS FAR LESS THAN REPLACEMENT AND RETRAINING.  
CALL WIT DIRECTOR TORI DABASINSKAS AT 925-785-0558. [www.witprofessionals.com](http://www.witprofessionals.com)